

# StepSkip™ Human Cys-C(Cystatin C) ELISA Kit

Cat# E5003

Storage at 2-8°C for six months

## INTRODUCTION

This ELISA kit applies to the in vitro quantitative determination of Human Cys-C concentrations in serum, plasma, urine, saliva. Please consult technical support for the applicability if other biological fluids need to be tested.

## SPECIFICATION

**Sensitivity:** 0.04 ng/mL**Detection Range:** 0.31~20 ng/mL**Specificity:** This kit recognizes Human Cys-Cin samples. No significant cross-reactivity or interference between Human Cys-Cand analogues was observed.**Repeatability:** Coefficient of variation is < 10%

## PRINCIPLE of KIT

This ELISA kit uses the Sandwich-ELISA principle. The micro ELISA plate provided in this kit has been pre-coated with an antibody specific to Human Cys-C. Samples (or Standards) and biotinylated detection antibody specific for Human Cys-C are added to the micro ELISA plate wells. Human Cys-C would combine with the specific antibody. Then Avidin-Horseradish Peroxidase (HRP) conjugate are added successively to each micro plate well and incubated. Free components are washed away. The substrate solution is added to each well. Only those wells that contain Human Cys-C, biotinylated detection antibody and Avidin-HRP conjugate will appear blue in color. The enzyme-substrate reaction is terminated by the addition of stop solution and the color turns yellow. The optical density (OD) is measured spectrophotometrically at a wavelength of  $450 \pm 2$  nm. The OD value is proportional to the concentration of Human Cys-C. You can calculate the concentration of Human Cys-C in the samples by comparing the OD of the samples to the standard curve.

## CONTENTS and STORAGE

An unopened kit can be stored at 2-8°C for six months. After test, the unused wells and reagents should be stored according to the table below.

Item	Specifications	Storage conditions after test
Micro ELISA Plate (Dismountable)	96T: 8 wells ×12 strips 48T: 8 wells ×6 strips 24T: 8 wells ×3 strips	2-8°C, 1 month
Reference Standard	96T: 2 vials 48T: 1 vial 24T: 1 vial	Discard unused reconstituted standard and dilutions

Reference Standard & Sample Diluent	1 vial, 20 mL	2-8°C
Biotinylated Detection Ab Diluent	1 vial, 6 mL	
HRP Conjugate Diluent	1 vial, 14 mL	
Concentrated Wash Buffer (25×)	1 vial, 30 mL	
Concentrated HRP Conjugate (100×)	96T: 1 vial, 120 µL 48T: 1 vial, 60 µL 24T: 1 vial, 60 µL	2-8°C (Protect from light)
Substrate Reagent	1 vial, 10 mL	
Stop Solution	1 vial, 10 mL	2-8°C
Plate Sealer	5 pieces	
Product Description	1 copy	
Certificate of Analysis	1 copy	

*Note: All reagent bottle caps must be tightened to prevent evaporation and microbial pollution. The volume of reagents in partial shipments is a little more than the volume marked on the label, please use accurate measuring equipment instead of directly pouring into the vial(s).*

### **OTHER SUPPLIES REQUIRED**

- Microplate reader with 450 nm wavelength filter
- High-precision transfer pipette, EP tubes and disposable pipette tips
- Incubator capable of maintaining 37°C
- Deionized or distilled water
- Absorbent paper
- Loading slot for Wash Buffer

### **NOTE**

1. Please wear lab coats, eye protection and latex gloves for protection. Please perform the experiment following the national security protocols of biological laboratories, especially when detecting blood samples or other bodily fluids.
2. A freshly opened ELISA Plate may appear to have a water-like substance, which is normal and will not have any impact on the experimental results.
3. Do not reuse the reconstituted standard, biotinylated detection Ab working solution, concentrated HRP conjugate working solution. The unspent undiluted concentrated biotinylated detection Ab (100×) and other stock solutions should be stored according to the storage conditions in the above table.
4. The microplate reader should have a 450 (±10 nm) filter installed and a detector that can detect the wavelength. The optical density should be within 0~3.5.
5. Do not mix or use components from other lots.
6. Change pipette tips in between adding standards, in between sample additions, and in between reagent additions. Also, use separate reservoirs for each reagent.

## **SAMPLE COLLECTION**

**Serum:** Allow samples to clot for 2 hours at room temperature or overnight at 2-8°C before centrifugation for 15 min at 1000×g at 2-8°C. Collect the supernatant to carry out the assay. Blood collection tubes should be disposable and be nonendotoxin.

**Plasma:** Collect plasma using EDTA or heparin as an anticoagulant. Centrifuge samples for 15 min at 1000×g at 2-8°C within 30 min of collection. Collect the supernatant to carry out the assay. Hemolysed samples are not suitable for ELISA assay!

**Saliva:** Remove particulates by centrifugation for 10 minutes at 4000×g at 2~8°C. Collect the supernatant to carry out the assay. Recommend to use fresh saliva samples.

**Urine:** Use a sterile container to collect urine samples. Remove particulates by centrifugation for 15 minutes at 1000×g at 2~8°C. Collect the supernatant to carry out the assay.

## **NOTE for SAMPLE:**

1. Samples should be assayed within 7 days when stored at 2-8°C, otherwise samples must be divided up and stored at -20°C (≤1 month) or -80°C (≤3 months). Avoid repeated freeze-thaw cycles.
2. Please predict the concentration before assaying. If the sample concentration is not within the range of the standard curve, users must determine the optimal sample dilutions for their particular experiments.
3. Some recombinant protein may not be detected due to a mismatching with the coated antibody or detection antibody.

## **REAGENT PREPARATION**

1. Bring all reagents to room temperature (18~25°C) before use. If the kit will not be used up in one assay, please only take out the necessary strips and reagents for present experiment, and store the remaining strips and reagents at required condition.
2. **Wash Buffer:** Dilute 30mL of Concentrated Wash Buffer with 720mL of deionized or distilled water to prepare 750mL of Wash Buffer. Note: if crystals have formed in the concentrate, warm it in a 40°C water bath and mix it gently until the crystals have completely dissolved.
3. **Standard working solution:** Centrifuge the standard at 10,000×g for 1 min. Add 1.0 mL of Reference Standard & Sample Diluent, let it stand for 10 min and invert it gently several times. After it dissolves fully, mix it thoroughly with a pipette. This reconstitution produces a working solution of 2000pg/mL (or add 1.0mL of Reference Standard & Sample Diluent, let it stand for 1-2 min and then mix it thoroughly with a vortex meter of low speed. Bubbles generated during vortex could be removed by centrifuging at a relatively low speed). Then make serial dilutions as needed. The recommended dilution gradient is as follows: 2000、1000、500、250、125、62.5、31.25、0pg/mL.
4. **HRP Conjugate working solution:** Calculate the required amount before the experiment (100µL/well). In preparation, slightly more than calculated should be prepared. Centrifuge the Concentrated HRP Conjugate at 800×g for 1 min, then dilute the 100× Concentrated HRP Conjugate to 1× working solution with HRP Conjugate Diluent.

## **ASSAY PROCEDURE**

1. Add the Standard working solution to the first two columns: Each concentration of the solution is added in duplicate, to one well each, side by side (50  $\mu$ L for each well). Add the samples to the other wells (50  $\mu$ L for each well). Immediately add 50  $\mu$ L of Biotinylated Detection Ab working solution to each well. Cover the plate with the sealer provided in the kit. Incubate for 90 min at 37°C. Note: solutions should be added to the bottom of the micro ELISA plate well, avoid touching the inside wall and causing foaming as much as possible.
2. Aspirate or decant the solution from each well, add 350  $\mu$ L of wash buffer to each well. Soak for 1~2 min and aspirate or decant the solution from each well and pat it dry against clean absorbent paper. Repeat this wash step 3 times. Note: a microplate washer can be used in this step and other wash steps.
3. Add 100  $\mu$ L of HRP Conjugate working solution to each well. Cover with the Plate sealer. Incubate for 30 min at 37°C.
4. Aspirate or decant the solution from each well, repeat the wash process for 5 times as conducted in step 2.
5. Add 90  $\mu$ L of Substrate Reagent to each well. Cover with a new plate sealer. Incubate for about 15 min at 37°C. Protect the plate from light. Note: the reaction time can be shortened or extended according to the actual color change, but not more than 30 min.
6. Add 50  $\mu$ L of Stop Solution to each well. Note: adding the stop solution should be done in the same order as the substrate solution.
7. Determine the optical density (OD value) of each well at once with a micro-plate reader set to 450 nm.

## **CALCULATION of RESULTS**

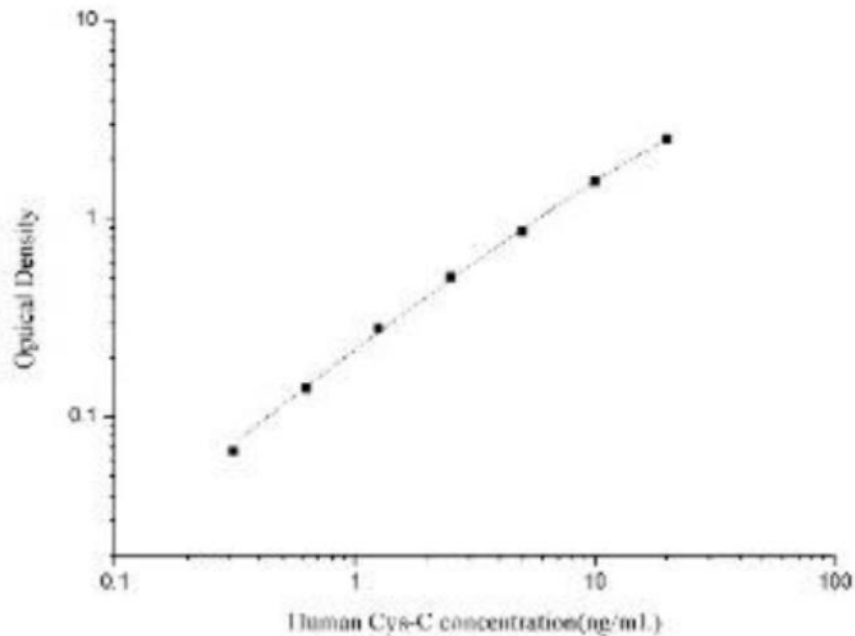
Average the duplicate readings for each standard and samples, then subtract the average zero standard optical density. Plot a four-parameter logistic curve on log-log graph paper, with standard concentration on the x-axis and OD values on the y-axis. If the samples have been diluted, the concentration calculated from the standard curve must be multiplied by the dilution factor. If the OD of the sample surpasses the upper limit of the standard curve, you should re-test it with an appropriate dilution. The actual concentration is the calculated concentration multiplied by the dilution factor.

## **TYPICAL DATA**

As the OD values of the standard curve may vary according to the conditions of the actual assay performance (e.g. operator, pipetting technique, washing technique or temperature effects), the operator should establish a standard curve for each test. Typical standard curve and data is provided below for reference only.

- Typical standard curve when assay with the Reference Standard & Sample Diluent 1

Concentration (pg/mL)	20	10	5	2.5	1.25	0.63	0.31	0
OD	2.576	1.625	0.934	0.574	0.347	0.209	0.136	0.069
Corrected OD	2.507	1.556	0.865	0.505	0.278	0.14	0.067	-



- Typical standard curve when assay with the Reference Standard & Sample Diluent 2

Concentration(pg/mL)	20	10	5	2.5	1.25	0.63	0.31	0
OD	2.656	2.183	1.477	0.904	0.504	0.283	0.161	0.059
Corrected OD	2.597	2.124	1.418	0.845	0.445	0.224	0.102	-

### **Sample values**

Serum/Plasma/Urine/Saliva–Samples from apparently healthy volunteers were evaluated for the presence of Human Cys-Cin this assay.

Sample Type	Source	Range	Dilution Factor
Serum (n=12)	Healthy human	442-1390ng/mL	100-500
EDTA plasma (n=13)	Healthy human	360-1295ng/mL	100-500
Saliva (n=13)	Healthy human	395-2948ng/mL	100-800
Urine (n=14)	Healthy human	4.3-58.2ng/mL	1-20

### **PRECISION**

Intra-assay Precision (Precision within an assay): 3 samples with low, mid range and high level HumanCys-Cwere tested 20 times on one plate, respectively.

Inter-assay Precision (Precision between assays): 3 samples with low, mid range and high level HumanCys-Cwere tested on 3 different plates, 20 replicates in each plate.

Sample	Intra-assay Precision			Inter-assay Precision		
	1	2	3	1	2	3
n	20	20	20	20	20	20

Mean((ng/mL)	0.86	2.35	9.01	0.86	2.06	8.64
Standard deviation	0.05	0.11	0.37	0.05	0.1	0.38
CV (%)	5.81	4.68	4.11	5.81	4.85	4.4

## **RECOVERY**

The recovery of HumanCys-Cspiked at three different levels in samples throughout the range of the assay was evaluated in various matrices.

Sample Type	Range (%)	Average Recovery (%)
Serum (n=8)	90-101	94
EDTA plasma (n=8)	96-108	101
Saliva ( n=8 )	92-111	105
Urine ( n=8 )	91-105	99

## **LINEARITY**

Samples were spiked with high concentrations of HumanCys-Cand diluted with Reference Standard & Sample Diluent to produce samples with values within the range of the assay.

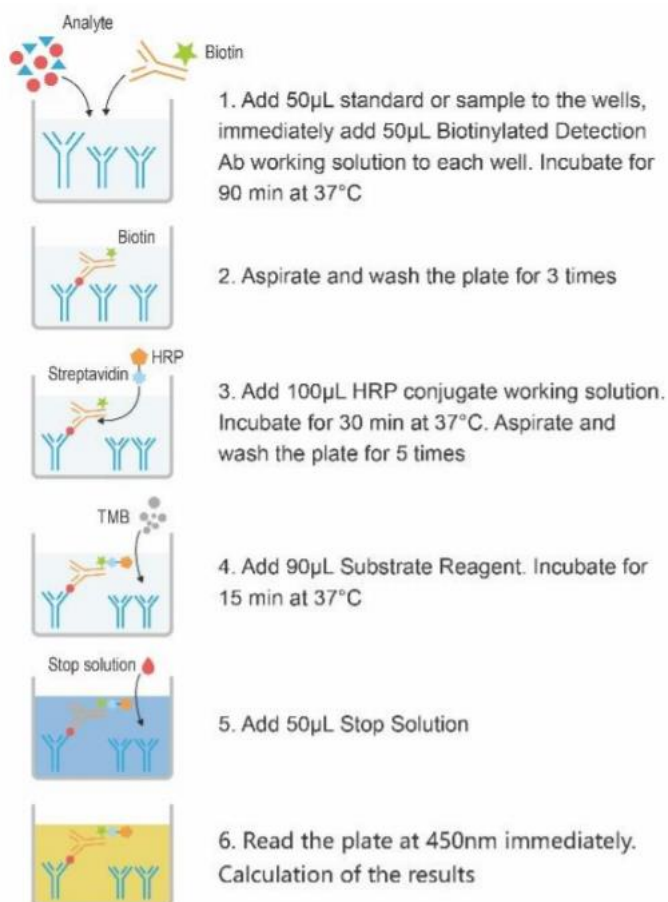
		Serum (n=4)	EDTA plasma (n=4)	Saliva (n=4)	Urine ( n=4 )
1:2	Range (%)	95-109	91-100	83-108	85-119
	Average (%)	101	95	95	102
1:4	Range (%)	100-111	82-93	86-116	103-118
	Average (%)	105	90	105	112
1:8	Range (%)	86-98	89-98	80-113	85-119
	Average (%)	91	92	98	105
1:16	Range (%)	90-104	91-101	86-98	96-107
	Average (%)	96	97	92	101

## **TROUBLESHOOTING**

Problem	Causes	Solutions
Poor standard curve	Inaccurate pipetting	Check pipettes.
	Improper standard dilution	Ensure briefly spin the vial of standard and dissolve the powder thoroughly by gentle mixing.
	Wells are not completely aspirated	Completely aspirate wells in between steps.
Low signal	Insufficient incubation time	Ensure sufficient incubation time.
	Incorrect assay temperature	Use recommended incubation temperature. Bring substrate to room temperature before use.
	Inadequate reagent volumes	Check pipettes and ensure correct

	Improper dilution	preparation.
	HRP conjugate inactive or TMB failure	Mix HRP conjugate and TMB, rapid coloring.
Deep color but low value	Plate reader setting is not optimal	Verify the wavelength and filter setting on the Microplate reader.
		Open the Microplate Reader ahead to pre-heat.
Large CV	Inaccurate pipetting	Check pipettes.
High background	Concentration of target protein is too high	Use recommended dilution factor.
	Plate is insufficiently washed	Review the manual for proper wash. If using a plate washer, check that all ports are unobstructed.
	Contaminated wash buffer	Prepare fresh wash buffer.
Low sensitivity	Improper storage of the ELISA kit	All the reagents should be stored according to the instructions.
	Stop solution is not added	Stop solution should be added to each well before measurement.

## **SUMMARY**



## **DECLARATION**

1. Limited by current conditions and scientific technology, we can't conduct comprehensive identification and analysis on all the raw material provided. So there might be some qualitative and technical risks for users using the kit.
2. The final experimental results will be closely related to the validity of products, operational skills of the operators and the experimental environments. Please make sure that sufficient samples are available.

## **PRODUCT USE LIMITATION**

These products are intended for research use only.